

**Email this article**  
**Print this article**  
**Most popular pages**

**Click to send**  
**Choose File Print or Ctrl P or Apple P**  
**Today | This Week**

## Tea with a twist

**Sarah Sevier**

Mar. 17, 2006 05:04 PM

At Souvia tea store, calorie cutters trade in the cream and sugar of a coffee culture and caffeine addicts try to slow down.

"How many mocha lattes can you have in one lifetime? I prefer healthy teas," said Jane Gleason, Souvia customer.

But don't coffee drinkers have more fun? Isn't tea a bit boring? According to customer Sherry Winnail, that's not the case at all.

"There are green teas, white teas, black teas! All kinds of teas. Coffee is boring! Tea is not."

Tea time is anything but boring at Souvia. Sweet bouquets of flavors like tiramisu, chocolate mint and chocolate truffle will make your mouth water.

Despite an array of rich flavors, owners say they are not the next Starbucks of teas.

"In some ways we're the opposite of the coffee culture. It's more about slowing down for a minute. We don't have wireless internet. It's about coming in, and connecting with a person one on one," said Souvia owner Bret Wingert.

His wife and co-owner Kerstin Wingert explains how brewing a cup of tea can be very relaxing.

"Just brewing a cup of tea is a ceremony in itself. To boil the water, watching the tea leaves unfurl as you start the steeping process, it's a soothing process. It's calming and a completely different experience than getting a cup of coffee."

Souvia is located at 7th Street and Coral Gables in North Phoenix.

 [Tea with attitude](#)

**Email this article**  
**Print this article**  
**Most popular pages**

**Click to send**  
**Choose File Print or Ctrl P or Apple P**  
**Today | This Week**